



Before IV Conscious Sedation

- You may not have anything to eat or drink for six (6) hours prior to your appointment, although you may have a small amount of clear liquids (water, tea or coffee without milk, juice without pulp) up to two (2) hours before your appointment
- No smoking at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
- A responsible adult must accompany you to the office, remain in the office during the procedure, drive you home, and stay with you for several hours afterwards.
- You should not drive a vehicle, operate any machinery, take over responsible tasks, or make important decisions for 24 hours following the anesthesia experience.
- Please wear loose fitting clothing, preferably a short-sleeved shirt, and low-heeled shoes.
- Contact lenses, jewelry, and dentures must be removed at the time of surgery.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office.
- If you take routine oral medications, please check with Dr. Summers prior to your surgical date for instructions on taking those the day of your appointment.
- If you have any questions, please call our office!